## EAST ST PAUL CANADA DAY 5K

Line Through = Disqualified

lace	Name	Hometown	Type	Bib#	Time	Pace	Speed	Sex	Age	ID Number
1	JEFF MCMILLAN	WINNIPEG, MB	RUNNER	5041	00:17:32.08	3:30/k	17.1kph	M	44	
2	JOSH GUENTHER	NIVERVILLE, MB	RUNNER	5027	00:17:39.08	3:32/k	17.0kph	М	25	
3	ROBERT BEINKE	MB, CAN	RUNNER	5081	00:17:49.09	3:34/k	16.8kph	М	48	
4	ANDREA BRADSHAW	EAST ST PAUL, MB	RUNNER	5007	00:18:35.91	3:43/k	16.1kph	F	29	
5	THOMAS URISH	WINNIPEG, MB	RUNNER	5073	00:19:35.13	3:55/k	15.3kph	M	34	
6	DENNIS LANG	WINNIPEG, MB	RUNNER	5035	00:19:39.58	3:56/k	15.3kph	M	66	
7	BOB COX	WINNIPEG, MB	RUNNER	5013	00:20:22.32	4:04/k	14.7kph	M	56	
8	BRUCE YOUNG	WINNIPEG, MB	RUNNER	5078	00:20:25.17	4:04/k	14.7kph	M	58	
							•			
9	DAN MCCAUGHAN	WINNIPEG, MB	RUNNER	5040	00:20:41.81	4:08/k	14.5kph	M	46	
10	DENNIS CUNNINGHAM	WINNIPEG, MB	RUNNER	5014	00:20:46.89	4:09/k	14.4kph	M	50	
11	COLE SMITH	EAST ST PAUL, MB	RUNNER	5062	00:20:51.18	4:10/k	14.4kph	M	16	
12	GRANT TOWNS	WINNIPEG, MB	RUNNER	5070	00:20:53.48		14.4kph	М	70	
13	CHRIS DICK	CARMAN, MB	RUNNER	5017	00:21:08.67	4:14/k	14.2kph	М	49	
14	MAIREAD DRAIN	WINNIPEG, MB	RUNNER	5019	00:21:17.23	4:15/k	14.1kph	F	39	
15	ALEJANDRO CIVETTA	WINNIPEG, MB	RUNNER	5011	00:21:38.77	4:20/k	13.9kph	M	11	
16	JANIE PARSON	LA SALLE, MB	RUNNER	5050	00:21:40.52	4:20/k	13.8kph	F	44	
17	GORDON FLETT	WINNIPEG, MB	RUNNER	5025	00:21:43.39	4:21/k	13.8kph	M	57	
18	ANNIKA NIBLOCK	WINNIPEG, MB	RUNNER	5045	00:21:49.65	4:22/k	13.8kph	F	15	
19	HUDSON MCMILLAN	WINNIPEG, MB	RUNNER	5043	00:22:01.28	4:24/k	13.6kph	M	9	
20	ALPHONSE BERNARD	WINNIPEG, MB	RUNNER	5002	00:22:05.25	4:25/k	13.6kph	М	67	
21	MICAH WILLMS	WINNIPEG, MB	RUNNER	5076	00:22:10.66	4:26/k	13.5kph	М	10	
22	HAYES MCMILLAN	WINNIPEG, MB	RUNNER	5042	00:22:17.20	4:27/k	13.5kph	М	11	
23	EMILE MORRISSETTE	MB, CAN	RUNNER	5080	00:22:19.49	4:28/k	13.4kph	М	52	
24	NICHOLAS HARGROVE	WINNIPEG, MB	RUNNER	5029	00:22:21.37	4:28/k	13.4kph	М	31	
25	TROY MAWLE	WINNIPEG, MB	RUNNER	5039	00:22:27.75	4:29/k	13.4kph	M	51	
26	SARAH BOILA	WINNIPEG, MB	RUNNER	5005	00:22:28.97	4:30/k	13.4kph	F	24	
							•	F	41	
27	WENDY DYCK	ALTONA, MB	RUNNER	5022	00:22:32.10	4:30/k	13.3kph			
28	MICHAEL THOMPSON	WINNIPEG, MB	RUNNER	5068	00:22:55.25	4:35/k	13.1kph	M	39	
29	GEORGE STEWART	WINNIPEG, MB	RUNNER	5065	00:22:57.23	4:35/k	13.1kph	M	58	
30	STEPHANIE OLAFSON	WINNIPEG, MB	RUNNER	5046	00:23:03.88	4:37/k	13.0kph	F	40	
31	NIKO DESROCHERS	WINNIPEG, MB	RUNNER	5016	00:23:05.57	4:37/k	13.0kph	М	9	
32	DAVID LAWLER	MB, CAN	RUNNER	5083	00:23:05.77	4:37/k	13.0kph	M	63	
33	AL STEWART	WINNIPEG, MB	RUNNER	5064	00:23:28.90	4:42/k	12.8kph	M	65	
34	DANIELLE PAPIN	WINNIPEG, MB	RUNNER	5049	00:23:37.23	4:43/k	12.7kph	F	61	
35	BRYAN EZAKO	CARTIER, MB	RUNNER	5024	00:23:54.89	4:47/k	12.6kph	M	44	
36	PAUL BRAULT	HEADINGLEY, MB	RUNNER	5008	00:24:06.84	4:49/k	12.4kph	M	58	
37	CAITLYN HOLLYWOOD	WINNIPEG, MB	RUNNER	5033	00:24:25.31	4:53/k	12.3kph	F	10	
38	SEAN DRAIN	WINNIPEG, MB	RUNNER	5018	00:25:00.68	5:00/k	12kph	M	75	
39	JORDYN HAM	MACGREGOR, MB	RUNNER	5028	00:25:04.49	5:01/k	12.0kph	F	16	
40	KERRI DROSDOWECH	WINNIPEG, MB	RUNNER	5020	00:25:39.61	5:08/k	11.7kph	F	49	
41	COLIN REED	WINNIPEG, MB	RUNNER	5052	00:25:40.05	5:08/k	11.7kph	М	72	
42	SCOTT SCMRIEMER	MB, CAN	RUNNER	5087	00:25:44.87	5:09/k	11.7kph		46	
43	RANDY BODNER	WINNIPEG, MB	RUNNER	5004	00:25:47.93	5:09/k	11.6kph		60	
44	GREGG ZURBA	EAST ST. PAUL, MB	RUNNER	5079	00:26:10.47	5:14/k	11.5kph		36	
45	PAIGE RODDY	WINNIPEG, MB	RUNNER	5054	00:26:10.56	5:14/k	11.5kph		14	
46	CATHERINE MOLTZAN	HEADINGLEY, MB	RUNNER	5044	00:26:18.10	5:14/k	11.4kph		48	
	RYLAN POLANSKY			5084						
47 48		MB, CAN	RUNNER		00:26:29.36	5:18/k	11.3kph		9 35	
48	MARK CHAN	WINNIPEG, MB	RUNNER	5010	00:26:38.73	5:20/k	11.3kph		35	
49 50	DANA WILLMS	WINNIPEG, MB	RUNNER	5074	00:26:47.11	5:21/k	11.2kph		44	
50	MARK OXER	ST. ANDREWS, MB	RUNNER	5047	00:27:17.32	5:27/k	11.0kph		38	
51	RICHARD LOCHHEAD	MB, CAN	RUNNER	5082	00:27:17.57	5:27/k	11.0kph		31	
52	DAMIAN SCMRIEMER	MB, CAN	RUNNER	5089	00:27:20.88	5:28/k	11.0kph		11	
53	LOUISE STUART	WINNIPEG, MB	RUNNER	5066	00:27:25.29	5:29/k	10.9kph	F	54	
54	WARREN PEABODY	EAST ST.PAUL, MB	RUNNER	5051	00:27:44.04	5:33/k	10.8kph	M	25	
55	ELLIS CUNNINGHAM	WINNIPEG, MB	RUNNER	5015	00:27:54.93	5:35/k	10.8kph	M	15	
56	NANCY SMITH	EAST ST PAUL, MB	RUNNER	5061	00:27:59.16	5:36/k	10.7kph	F	46	

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## EAST ST PAUL CANADA DAY 5K

Line Through = Disqualified

Place	Name	Hometown	Type	Bib#	Time	Pace	Speed	Sex	Age	ID Number
57	ASHLEY RUSTON	WINNIPEG, MB	RUNNER	5056	00:28:01.40	5:36/k	10.7kph	F	32	
58	VERN COOT BIRD	WINNIPEG, MB	RUNNER	5003	00:28:07.52	5:37/k	10.7kph	M	66	
59	STEPHANIE JOHNSTON	WINNIPEG, MB	RUNNER	5034	00:28:42.57	5:44/k	10.5kph	F	34	
60	DARIUS SCMRIEMER	MB, CAN	RUNNER	5090	00:28:42.66	5:44/k	10.5kph	M	9	
61	WENDY SINGLETON	WINNIPEG, MB	RUNNER	5060	00:29:36.10	5:55/k	10.1kph	F	44	
62	GWEN M BONNEVILLE	WINNIPEG, MB	RUNNER	5006	00:30:59.18	6:12/k	9.7kph	F	63	
63	ENZA PACHECO	WINNIPEG, MB	RUNNER	5048	00:31:51.39	6:22/k	9.4kph	F	38	
64	COLLEEN SEMMLER	OAKBANK, MB	RUNNER	5059	00:32:26.61	6:29/k	9.2kph	F	56	
65	KATIA HILL	DUGALD, MB	RUNNER	5031	00:33:20.31	6:40/k	9kph	F	14	
66	GEORGINE COOK	WINNIPEG, MB	RUNNER	5012	00:33:22.70	6:40/k	9.0kph	F	74	
67	CINDY UNGER	WINNIPEG, MB	RUNNER	5072	00:33:28.40	6:42/k	9.0kph	F	56	
68	EVA WILLMS	WINNIPEG, MB	RUNNER	5075	00:33:43.41	6:45/k	8.9kph	F	12	
69	HUNTER SCMRIEMER	MB, CAN	RUNNER	5088	00:33:54.18	6:47/k	8.8kph	M	13	
70	CHRISTY ROGOWSKI	WINNIPEG, MB	RUNNER	5055	00:34:06.07	6:49/k	8.8kph	F	37	
71	KAITLYN TIEDE	MB, CAN	RUNNER	5086	00:34:26.83	6:53/k	8.7kph	F	15	
72	STEVE TIEDE	MB, CAN	RUNNER	5085	00:34:27.27	6:53/k	8.7kph	M	45	
73	MEGAN MCRAE	MB, CAN	RUNNER	5091	00:34:41.50	6:56/k	8.6kph	F	27	
74	ADA LETINSKY	OAKBANK, MB	RUNNER	5036	00:35:28.87	7:06/k	8.5kph	F	78	
75	ERIN CARRASCO	EAST ST.PAUL, MB	RUNNER	5009	00:37:48.41	7:34/k	7.9kph	F	34	
76	JESSICA SCHMIDT	WINNIPEG, MB	RUNNER	5057	00:39:32.98	7:54/k	7.6kph	F	29	
77	DAVID REIDKE	WINNIPEG, MB	RUNNER	5053	00:39:40.05	7:56/k	7.6kph	M	29	
78	DREENA DUHAME	WINNIPEG, MB	RUNNER	5021	00:40:20.76	8:04/k	7.4kph	F	81	
79	SUSAN THOMPSON	MAPLE RIDGE, BC	RUNNER	5069	00:41:23.04	8:17/k	7.2kph	F	36	
80	DEBBIE HECKMANN- BERTHELETTE	EAST SAINT PAUL, MB	RUNNER	5030	00:41:55.07	8:23/k	7.2kph	F	51	
81	JOSHUA WILLMS	WINNIPEG, MB	RUNNER	5077	00:45:42.82	9:08/k	6.6kph	М	7	
82	BOBBI TRONIAK	EAST ST. PAUL, MB	RUNNER	5071	00:45:43.93	9:09/k	6.6kph	F	70	
83	AIDEN GODLEIN	SELKIRK, MB	RUNNER	5026	00:46:35.47	9:19/k	6.4kph	M	10	
84	CRYSTAL THIBEAULT	ST. ANDREWS, MB	RUNNER	5067	00:46:36.90	9:19/k	6.4kph	F	45	
85	SHANNON DYCK	WINNIPEG, MB	RUNNER	5023	00:48:40.82	9:44/k	6.2kph	F	34	
86	NELSIA MALENCHAK	WINNIPEG, MB	RUNNER	5038	00:49:17.43	9:51/k	6.1kph	F	50	
87	GARY MALENCHAK	WINNIPEG, MB	RUNNER	5037	00:49:18.68	9:52/k	6.1kph	М	56	

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